

Tourism Guide

1 Bahan Zay

The heart of Buddhist culture and one the oldest areas of Yangon. Monasteries, Chinese temples and pagodas are nestled together with shops selling religious items.

2 Shwedagon Pagoda

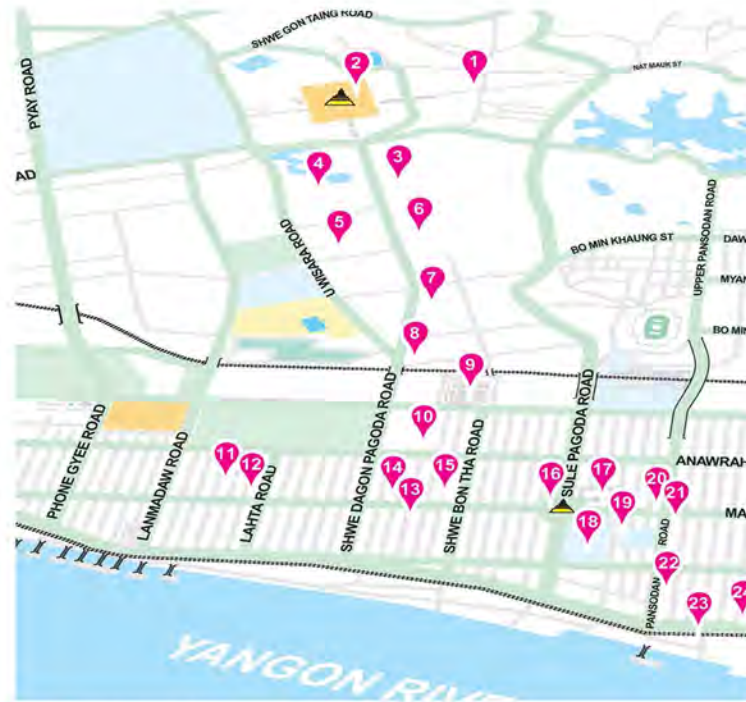
The most sacred place in Myanmar, this 2,500 year old pagoda is covered in gold plates and surrounded by fascinating shrines.

3 Maha Wizaya Pagoda

Inside is a large hall with the star signs on the ceiling. Along the walls are displays full of models of ancient pagodas from around Myanmar.



Here is a quick tour around the main sights in Yangon. Some are within walking distance of each other while others require a short taxi ride.



4 Kandawmin Garden

Graves of four notable people: United Nations Third Secretary General U Thant, the last Myanmar Queen Supayalat, Daw Aung San Suu Kyi's mother Daw Khin Kyi and political leader Thakhin Ko Taw Hmine.

5 Tomb of Shah Zafar

The resting place of the last Indian king. His wife and daughter's graves are on the first floor.

6 Alan Pya Pagoda (Signal Pagoda)

The pagoda was used as a signalling station for vessels on the river by the first British troops who arrived to stake their claim on Yangon. An old colonial water tank is built into the pagoda compound.

7 Sein Yaung Chi Pagoda

A unique pagoda covered in glass mosaics, with a range of shrines to male and female Waizars and Nats, plus female deities from Hindu and Chinese religions, in the compound.

8 Holy Trinity Church

The church was built in 1894 and became a Japanese sake brewery during WWII. Inside are regimental plaques, a book listing all the soldiers that died in WWII and outside is a memorial to the Queen's Royal Regiment.

**Yangon
Day Tour**

တစ်နေ့တည်းလှည့်



9 Bogoyoke Aung San Market

Built in 1926, this colonial market is a treasure trove of jewellery, silverware, gold, and jade as well as various souvenirs from all around the country.

10 Sari Kali Temple

The start of India Town, the pagoda was built by Tamil migrants when Myanmar was part of British India. The colourful roof is full of Hindu Gods.

11 China Town

Pass by a variety of restaurants and roadside food stalls with steaming dishes and snacks, plus street markets selling fruits and flowers.

12 Kung Tong Chinese Temple

Established 170 years ago, it was rebuilt in 1868 after being destroyed in a fire.

13 Musmeah Yeshua Synagogue

The last remaining Jewish Temple in Yangon which was built in 1896 for the largely Sephardic Baghdadi Jews who arrived from India.



14 Maha Theindawgyi

A Buddhist monastery in the heart of the city. The pagoda, with its colourful clock tower, becomes a place for meditation and rest for shoppers escaping the heat.

15 Indian Town

Lots of Indian food stalls, restaurants and accessory shops are located on Anawrahta Road, between Sule & Shwedagon Pagoda Roads.



16 Sule Pagoda

A beautiful octagonal golden stupa dating back 2000 years.

17 City Hall

The first public building to blend Myanmar and western architecture in Yangon.

18 Maha Bandoolla Park

A lovely park in the middle of the city; home to the Independence Monument, a 150 feet tall obelisk which symbolizes the union of Myanmar and the five smaller 30 feet obelisks that embody Myanmar's five autonomous States from that time.





Alan Pya Pagoda (Signal Pagoda)

19 Emmanuel Baptist Church

One of the oldest Baptist churches in Yangon, built in 1885 by an American Missionary. It was destroyed in World War II, but rebuilt in 1952.

20 Maha Painae Temple, Hair Relic Pagoda

A fascinating pagoda/temple compound which mixes together statues and shrines of Hindu, Chinese Buddhist and Myanmar Buddhist religious deities.

21 Lokanat Gallery

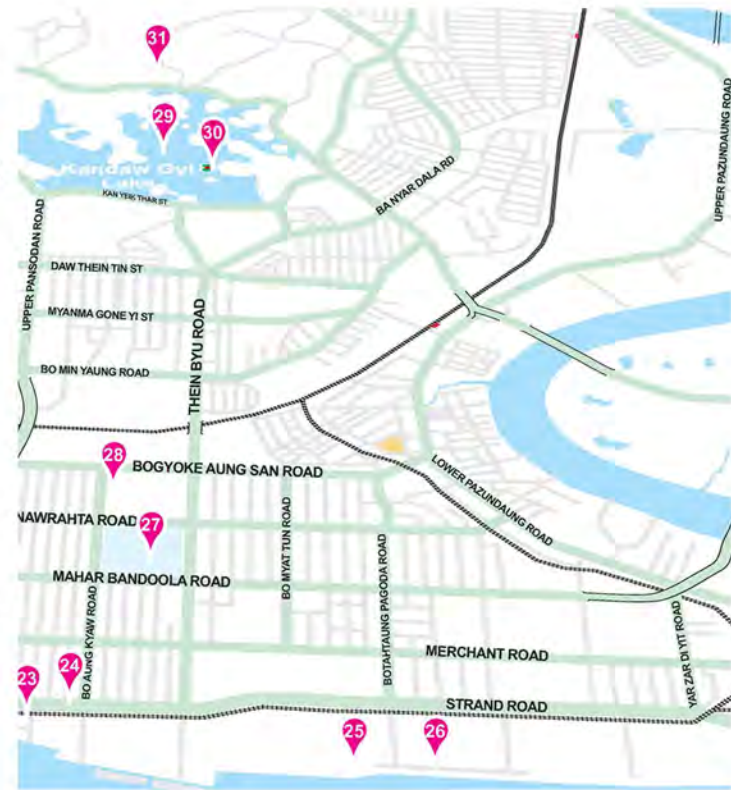
Founded in 1971, the gallery holds regular exhibitions, and has served as a social and intellectual gathering point for many years.

22 Heritage Building Tour along Pansodan Road and Merchant Road

Lots of heritage buildings stand proudly along Pansodan Road and Merchant Road. Pop into Yangon Heritage Trust on 22-24 (First Floor) to purchase their historical walking tour guide, Walk Through Yangon's Heritage. It gives you detailed descriptions on the main historical buildings in the city.

23 Strand Hotel

This legendary hotel has been operating in Yangon almost continuously since its construction in 1901.



24 Central Post Office

Constructed in 1908 as the headquarters of one of colonial Myanmar's major rice traders. General Nay Win once worked here.

25 Botahtaung Pagoda

Walk inside the hall of mirrors to see a strand of Buddha's hair.



28 St Mary's Cathedral

A Catholic Cathedral which was completed in 1899 and is the largest in Myanmar. It has a neo-gothic design and a very colourful interior.

29 Kandawgyi Nature Park

A large park with a man-made lake in the middle. Visit the Karaweik Royal Barge and see the stunning view of Shwedagon Pagoda from the side of the lake. Walk across the wooden bridge over fields of water lilies.



30 Karaweik Royal Barge

Built in 1972, this is a replica of a Pyigyimon Royal Barge.

31 Bogyoke Aung San Museum

Bogyoke Aung San lived here during the last years of his short life and it was opened as museum in March 2012.

26 Botahtaung Pier

Sit on a bench and watch people and goods getting on and off the colourful boats.

27 Secretariat

Built between 1889 and 1905 to house the seat of the British colonial government, it is the largest colonial building in Myanmar. It became the main Minister's Office after Independence and it was here, on 19 July 1947, that General Aung San and six ministerial colleagues were assassinated.



Tourism Guide



Ferry to Dala

South

Dala

Take the ferry from Pansodan Jetty across the Yangon River to escape the hustle and bustle of the city. You will see the daily life of the people who live in Dala and the surrounding villages.

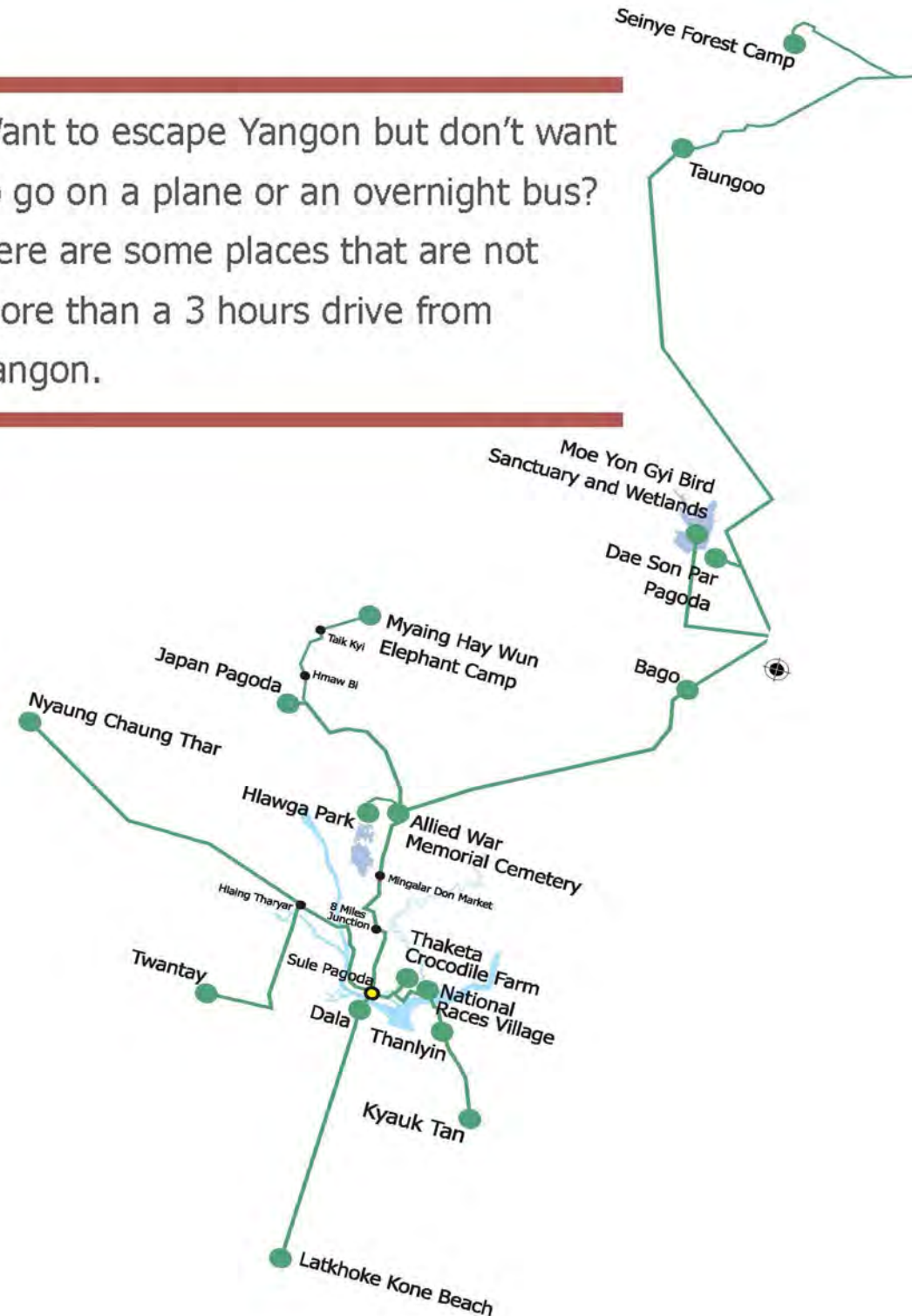
Distance from Yangon: 2.25 km

Latkhoke Kone Beach

The beach is 9 miles long and nearby are two famous islands, Princess Island and Mya Sein Taung Island. Bird watching, fishing and relaxing are the main activities to do here.

Distance from Yangon: 45.05 km

Want to escape Yangon but don't want to go on a plane or an overnight bus? Here are some places that are not more than a 3 hours drive from Yangon.



Tourism Guide

Trips Outside Yangon

ရန်ကုန်နှင့် အနီးတဝိုက်
လည်ပတ်စရာများ

West

Nyaung Chaung Thar (also known as Yankin Thar Beach)

A riverside beach which can get very crowded during the summer and winter holidays and government gazetted holidays.

Distance from Yangon: 64.28 km

Twantay

A small rural town in the delta that can be reached by boat or car. It is famous for its pottery industries and cotton weaving. Visit the Shwesandaw Pagoda, a very peaceful and ancient pagoda.

Distance from Yangon: 24.5 km



South-East

Thaketa Crocodile Farm

Test your nerves by walking across a wooden bridge over a large pond that is home to 80 aggressive, gigantic crocodiles. Feed them pieces of raw fish as they leap out of the water.

Distance from Yangon: 5.5 km

Thanlyin

One of Myanmar's most ancient towns. It was the port city of the Hanthawaddy Kingdom in the 15th century and in 1599 it was captured by the Portuguese mercenary, Filipe de Britto e Nicote. Visit the Portuguese Church (built 1750), colonial houses of the old Burma Oil Corporation and Kyaik Kuak Pagoda.

Distance from Yangon: 10 km



Kyauk Tan

A small town by the river made famous by the Yele Pagoda which is in the middle of the river. Take a boat to reach there, and spend time feeding the huge catfish.

Distance from Yangon: 24 km

National Races Village

Full of replicas of traditional homes from all the National Races in Myanmar; visit each one to learn about their culture and customs.

Distance from Yangon: 8 km





Bago

Founded by two Mon princes from Thaton in AD573, it became the Mon royal capital, Hansavati (Hanthawady) in the 13th century, but was captured by the Bamar in 1539. The town was fought over again in the late 18th century with King Alaungpaya destroying it in 1757. It was rebuilt by King Bodawpaya between 1782 to 1819. There are a large number of historical and religious sites to see including Hinthakone Pagoda on top of the hill; Kanbawzathadi Palace, a replica of the old palace; Snake Monastery, where a 118 year old Burmese python lives; and Kyaik Pun Paya, four huge statues of Buddha sitting back to back.

Distance from Yangon: 71 km

Allied War Memorial Cemetery

A memorial to the 27,000 Allied soldiers and graves of 6,374 Commonwealth and Allied soldiers who died during World War II.

Distance from Yangon: 29 km

Dae Son Par Pagoda

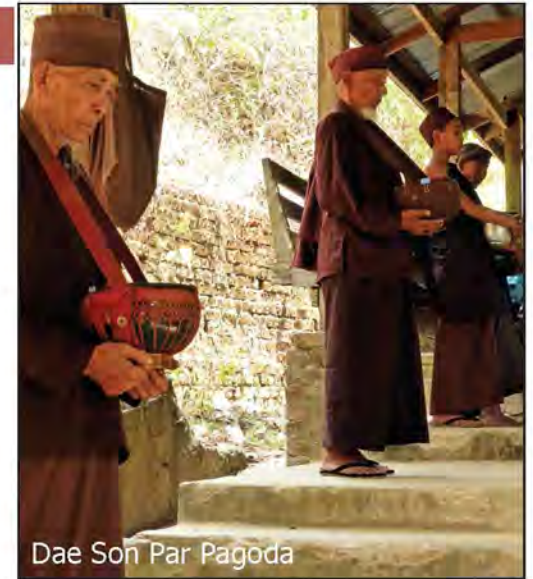
A fascinating hilltop pagoda with hermits and nuns lining the stairs collecting alms.

Distance from Yangon: 95.13 km

Hlawga Park

A 1,540 acre park which includes an 818 acre wildlife park, Kan Tharyar Lake, and a 62 acre mini zoo. Deer, rhesus monkey, python, and pangolin can be seen here.

Distance from Yangon: 23 km



Dae Son Par Pagoda

Japan Pagoda

Located in Zabu Taw Ya Monestry, there are 301 ancient Buddha statues housed in a 2 storey building which were collected and donated by a Japanese man who had a dream that he must return them to Myanmar. The hall has become a famous pilgrimage place and is only open Monday to Wednesday. Get here very early to be at the front of the queue.

Distance from Yangon: 43.20 km

Moe Yon Gyi Bird Sanctuary and Wetlands

The wetlands were formed when a reservoir was built in 1988, and it developed naturally into a wetland. 42 species of water bird and 33 species of shore bird, as well as 70 species of migratory birds, can be seen here. The best season to visit is November to February. Lodging is available (in the shape of boats!).

Distance from Yangon: 100.23 km



Myaing Hay Wun Elephant Camp

Learn the daily routines of the elephants, and ride an elephant on a 45 minute trek through the forest. There is a lodge to stay in.

Distance from Yangon: 68.28 km

Seinye Forest Camp

Stay in the heart of a natural teak forest, and learn how teak and orchids are grown. You might even see the local wildlife which includes leopards, guar, sun bear and wild cows. Visit the Pho Kyaw Natural Elephant Camp to experience the life of the elephants and their mahouts.

Distance from Yangon: 224.84 km

Taungoo

Famous for the Taungoo Dynasty which ruled the country for over 200 years between the 16th and 18th centuries. There are a few historical remains left including the brick city wall and the moat.

Distance from Yangon: 241 km

Than Daung

The forgotten hill station which was used by the British to escape the Yangon heat. The town is in the hills, 4,050 feet above sea level. Visit the Pathi Waterfall nearby.

Distance from Yangon: 252.60 km



Distances are calculated from Sule Pagoda to the location as a straight line.



Historical Walking Map Around Downtown Yangon

The Yangon Directory and the Yangon Heritage Trust created this guide which includes six self-guided walks along Sule Area, Pansodan Street, Strand Road, Merchant Road, Secretariat Area and Indian Quarter & China Town. The walks include historical facts of the buildings, and recommendations on what to see and do. Get your copy at the Yangon Heritage Trust or any good bookshop and explore historical Yangon!

Yangon Heritage Trust

22-24 Pansodan St, 1st Floor, KTDA

Tel: +951 240 544

Web: <http://yangonheritagetrust.org/>

Yangon Heritage Trust's Blue Plaques Programme

Blue Plaques have started to appear on the buildings around Yangon. These are being put up by the Yangon Heritage Trust as a permanent sign to commemorate a link between a building or location, and a famous person, event or landmark. The blue plaques serve as a historical marker and a celebration of Yangon's history. Yangon Heritage Trust (YHT) is an NGO which was founded in 2012 to promote the conservation of Yangon's rich urban heritage. Philips Corporation provided YHT with a grant to cover the historical research, manufacturing and installation of the plaques

The city can be divided into four main areas.
ရန်ကုန်မြို့ကြီးကို အဓိကအားဖြင့် ဝေလစိုင်းခွဲ၍ ဝေလဟုခေါ်သည်။



Downtown

The main central business district of Yangon. Busy, congested, packed full of shops and offices. A great place to walk around. Most of the area was part of the original city plan created by the British.

Essential Map to Yangon

Here is a quick run-down of where the main shopping, eating and entertainment places are.



- Shopping Mall
- Junction Square
- Genetec Point
- San Gay Hill
- New Win Landmark
- Dagon Centre 1 & 2
- Capital Hypermarket
- Dagon Super Centre
- City Park Marketplace

Semi-Downtown

Dominated by the serenity of the Shwedagon Pagoda, People's Park and Kandawgyi Lake. But also packed full of residential areas, pagodas and shopping centres.

Uptown

A more spacious feel. A mix of industry, residential, small-scale farming and retail. Places are known by how many miles they are from Sule Pagoda – not by the street name.

Across the Water

Mainly industrial areas, but fast becoming new locations for residential development.

Markets

- 10 Thaingyi Zey - hardware, food, spices, clothes
- 11 Anawrahta Road Night Market - fruit & veg
- 12 Yuzana Plaza - clothes, electronics, fabrics, furniture
- 13 Mingalar Market - wholesale medicine, electronics & clothes
- 14 Thiri Mingalar Market - fruit & veg
- 15 Bogyoke Market - handicrafts & souvenirs

Shopping

- 16 Maha Bandoole Park Street - Electronics
- 17 Seikkan The Road - Computers
- 18 Golden Valley Art Galleries
- 19 Dhammazedi Road Antique Shop
- 20 Myaynigone Shopping Hub
- 21 Kildan Shopping Hub
- 22 Tarmoe Street Wood & Aluminium Furniture
- 23 8 Mile Shopping Hub

Entertainment

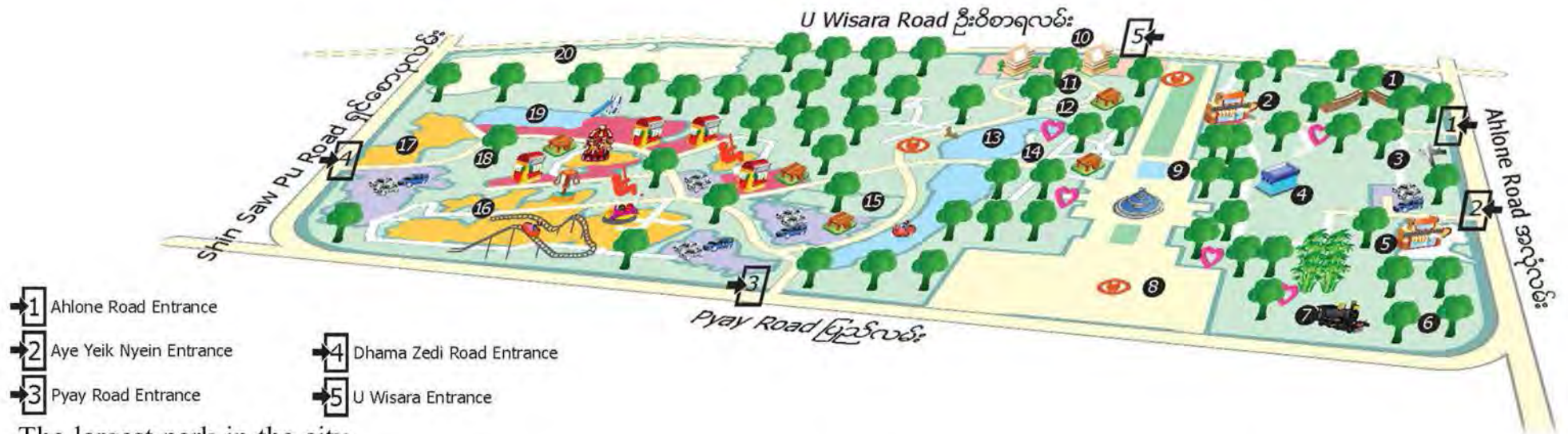
- 24 Bogyoke Aung San Cinema Row
- 25 Thaingyi Zey nightclubs, cinemas & KTV
- 26 Mingalar Market nightclub zone
- 27 Amusement Parks
- 28 Kandawgyi Park music zone
- 29 Ahlone Road - nightclub & KTV
- 30 Sein Lan So Pyay Garden unplugged music
- 31 Inya Lake Hotel Area's upmarket nightclubs

Eating

- 32 China Town night market & food stalls
- 33 India Town night market & food stalls
- 34 Bogyoke Aung San Road - new restaurants & coffee shops
- 35 Sava San Road - upscale restaurants
- 36 Kyar Kwat Thit Road cheap restaurants
- 37 Thamine Junction - rice and curry street vendors

People's Park ပြည်သူ့ဥယျာဉ်

There are two main parks in Yangon, People's Park and Kandawgyi Park, both offering respite from the busy city. Both are vast spaces with many attractions, beautiful green spaces, sparkling lakes, and panoramic views. Make the most of your visit, and use our maps to help you discover all what they have to offer.



The largest park in the city, at 135 acres – it was once the grounds of Queen Shin Sawbu's palace and a golf course during colonial times. Dominating the park is an Amusement Park, with is many attractions including the Ghost House, Bumper Cars and the Log Flume. Tucked away at the back are people bathing in the swimming pools or hurtling down the water slides. A new addition to the park is the Myanmar Cultural Village, full of souvenir shops and restaurants. There is also the Planetarium which gives a fascinating 30-minute show about stars and space.

- | | |
|---------------------------------|---|
| 1 Suspension Bridge | 12 Garden of Stone |
| 2 Traditional Restaurant | 13 Brook (Pe Pong) |
| 3 Aeroplane (XY-ADZ Fokker F27) | 14 Love Stone |
| 4 Planetarium | 15 Yadana Garden |
| 5 My Garden Restaurant | 16 Amusement Park |
| 6 Steam Road Roller | 17 Happy World |
| 7 Steam Locomotive M351 | 18 San Chaung Tha |
| 8 Bo Shu Thabin | 19 Water Slide, Swimming Pool Park & Amusement Park |
| 9 Water Fountain Cinema | 20 Independence Park |
| 10 U Wisara Shopping Mall | |
| 11 Garden of Love | |

- | |
|--------------------|
| 12 Garden of Stone |
| 13 Brook (Pe Pong) |
| 14 Love Stone |
| 15 Yadana Garden |




Kandawgyi Nature Park

ကန်တော်ကြီးသဘာဝဥယျာဉ်

Kandawgyi Nature Park is made up of three different parks, all surrounding the Kandawgyi Lake, each with a different character and attractions. Karaweik Garden has a great playground, including a rope bridge, a small zoo, many restaurants, and spaces for concerts and unplugged bands. Bogyoke Park has the Utopia Tower, a great viewing platform with views over the park and city. Myay Padathar Island has a freshwater fishgarden, an Agricultural Museum, and many different species of trees found in Myanmar. The park's crowning glories are the wooden walkway over the lake, and the majestic Karaweik Royal Barge. For a spiritual retreat, there is the colourful Su Taung Pyae Aung Chantha Dat Paung Su Zedi on Bagan Lone Island.

Legend

-  Food and Drink
-  Music Area
-  Romantic Area
-  Car Parking
-  Entrance Gate

-  Viewing Area
-  Keep Fit and Tai Chi Areas
-  Playground



Important Data

- | | |
|--|----------------------------------|
| 1 Su Taung Pyae Aung Chantha Dat Paung Su Zedi | 10 White Elephant Statues |
| 2 Shin Thiwali | 11 Aquarium |
| 3 Kandawgyi Palace Hotel | 12 Royal Garden Restaurant |
| 4 Topiary Garden | 13 Utopia |
| 5 Signature Restaurant | 14 Bangkok Kitchen Restaurant |
| 6 Flower Walk | 15 Dolphin Restaurant |
| 7 Western Park Restaurant | 16 White Rice Restaurant |
| 8 Kandawgyi Swimming Pool | 17 Mr. Guitar Bar and Restaurant |
| 9 Flower and Plant Shops | 18 Aviary |

- | | |
|----------------------------------|----------------------------|
| 1 Bagan Lone Island Entrance | 5 Bogyoke Garden Entrance |
| 2 U Htaung Bo Junction Entrance | 6 Myaw Sin Island Entrance |
| 3 Bahan 3 Street Entrance | 7 Tank Hill Entrance |
| 4 Myay Padaythar Garden Entrance | |



SpotLight on North Dagon မြောက်ဒဂုံကို မီးမောင်းထိုးပြခြင်း

Sports (အားကစား)

North Dagon International Shooting

Range(သေနတ်ပစ်ကွင်း)

This is a new shooting training centre, opened in January 2014, with 10m, 25m and 50m shooting ranges. Air guns .177 and pistols .22 are available.

Summer courses are held for young people, and they also hold regular competitions which people can come to watch.

Yangon Equestrian Riding Club (ရန်ကုန်မြင်းစီးအသင်း)

Come here to learn to ride a horse. There are 60 well-loved and wellgroomed horses, 30 of which are owned by the Myanmar Equestrian Federation and can be ridden by the general public. They offer training in dressage, jumping and racing . Classes are held in the indoor stadium during the monsoon or outside in the summer. The grounds also include a 1.5 mile hours race track.

National Swimming Pool (အမျိုးသားရေကူးကန်)

This was opened in 1997 and was renovated in 2014. There are three types of pools; the diving pool, competition pool and warm up pool.

The deepest pool is the diving pool at 5m deep. There are 5 diving boards which range from 1m to 10m high.

The pool also has floodlights for night competitions.

Sports Training Centre for Disabled People(မသန်စွမ်းသူများအားကစားလေ့ကျင့်ရေးဌာန)

The Myanmar Paralympic Sports Federation opened the centre in 2014. The centre trains disabled sports men and women to compete in international competitions. Training is held in eight different sports including volleyball, basketball, weight lifting, bocha, table tennis and swimming.

One of the satellite towns which was built in 1989, North Dagon is in complete contrast to downtown Yangon. Here the roads are wider; there are leafy lanes and fresher air. The area has a “sleepy afternoon feel” – perfect for a quick getaway. Despite its village atmosphere, North Dagon has some great international standard sports facilities, restaurants and spas.



Relax (ကျန်းမာရေးအတွက်အနားယူအပန်းဖြေရာ)

Golden Park This large, beautifully styled complex is home to the first Korean-style 24 hour spa in Myanmar, with three saunas (ochre, charcoal, and salt rooms) set around 52°C to 57°C, and an ice room at 12°C.

Shopping Area (ဈေးဝယ်ရန်နေရာများ)

The main shopping area is on Pin Lone Road and it is packed full of beauty salons, mobile phone shops, fashion shops and restaurants.

Capital Hypermarket (ကက်ပီတယ် ဟိုက်ပါမားကက်)

The main shopping centre in the township, selling food, clothes and kitchen accessories.

Great Glory Hotel (ဂရိတ်ဂလိုရီ ဟိုတယ်)

They have a rooftop restaurant with stunning views of the river and great breezes.

The Free Funeral Service Society (အခမဲ့နာရေးကူညီမှု အသင်း)

This society provides a free funeral service, a free clinic, and free training in English, Art and Buddhism for children above 5 years old during the summer holidays. They are always looking for new volunteers to join the programme plus donations.

Idea Gems Art & Picture

One of the very few places in Yangon where you can see gem paintings being made. Chippings of precious and semi-precious gems, plus gem powder, are glued onto fibre glass sheets to make beautiful pictures. Bring your photograph or your company logo and they will recreate it in gems.

Eat (စားကောင်းသောက်ဖွယ်အသွယ်သွယ်)

Shake Bubble Tea

A hip hang out for all the cool kids in North Dagon who come here to drink Bubble Tea, spend time in the aircon room to use the free wifi and eat some of the many snacks on offer such as the Tongue Upside Down Starch Noodle, or the cakes from the bakery.

Bo Bo Min Tea Garden(ဘိုဘိုမင်း လက်ဖက်ရည်နှင့် မုန့်မျိုးစုံဆိုင်)

A very popular bakery shop which also sells Chinese food, burgers and fried chicken. It is packed at the weekends.

Vietnam House (ဗီယက်နမ် ဟောက်စ်)

Hidden away in the middle of rural North Dagon is an authentic Southern Vietnamese cuisine restaurant located in the chef's home and garden. Call ahead and tell them you are coming, and check what you wish to eat from their menu on their facebook page.

Dagon Kyaw (ဒဂုံကျော် ရခိုင်ထမင်းဆိုင်)

A small oasis by the busy road. Surrounded by greenery, this small restaurant offers modern Arakanese food, such as snail salad and cuttlefish salad.

SpotLight on Tarmwe

တာမွေကို မီးမောင်းထိုးပြခြင်း

Country Club

Next to their restaurant with its ‘wild west theme’ is an in-house bakery which makes everything from baguettes to burgers.

Penguin (ပင်ဂွင်း)

A hip hang-out serving great cocktails. The art on the walls gives it a great European café atmosphere

Magic Bubble Tea

A great range of bubble teas - try the Sea Salt Green Tea Latte or Passion Black Tea.

Mr. Sushi

“American Style” sushi served fresh and well-made.

Hawaii Ice Cream (ဟာဝိုင်းအီ ရေခဲမုန့်)

Choose from a range of 30 flavours of ice creams and sorbets.

Thai Pot

Try their Thai-Style hotpot which uses a mookata to grill the meat and vegetables.



Tarmwe is a busy, vibrant township – with hidden boutiques of cutting edge fashion, a street of BBQ restaurants that rival 19th Street, and unique shops that other townships don’t have. If you are in the area, stop by and have a wander.

Eat (စားကြမယ်)

Phet Phu Yaung Tea hop(ဖက်ဖူးရောင်လက်ဖက်ရည်ဆိုင်)

A popular and well loved tea shop with all the favourites.

Min Lan Restaurant (မင်းလမ်းစားသောက်ဆိုင်)

A charming branch of this famous Rakhine seafood chain.

Kyar Kwet Thit Lan (ကျားကွက် သစ်လမ်း)

Full of packed and lively bbq restaurants.

Radio Café (ရေဒီယိုကဖေး)

They serve over 60 varieties of freshly prepared sandwiches with either a free soup of the day or french fries.



Shop (ဈေးဝယ်မယ်) **New Skin Boutique House**

A great range of clothing and accessories for both men and women in this contemporary and uniquely designed store.

Cookies

Elegant evening wear, as well as contemporary urban designs.

Grand Home Textiles

A newly opened home furnishings store with a great range of home bedding from Vietnam.

Shopping Malls

(ရှေးပင်းမောများ)

United Living Mall, Yuzanna Plaza, Ocean Super Centre

Baby Store

A well-stocked baby-needs shop that has everything from nappies to bedding, toys and clothes.

Tata Pet Shop

This handy pet store fulfills all of your pet and puppy needs with general goods and food, as well as a professional grooming salon.

Markets (ဈေးများ)

Tarmwe Junction (flowers), Kyar Kwet Thit (vegetables), 140th St (fresh fish and meat)



Relax (အပန်းဖြေမယ်)

Beauty and Beyond

This well maintained salon and spa offers a range of hair, facial and body treatments at affordable prices.

The Right Track Bowling Alley

Train with the local bowling league 6.30-9.00pm every Thursday

Kyaikkasan Grounds (ကျိုက္ကဆံကစားကွင်း)

Once an old horse race course, this 147 acre sports grounds is the home for the Institute of Sports and Physical Education, and its vast green space is the place to escape the city.



This city does not sleep. If you have the energy, there is something to do throughout the night



Botataung Port

Between Spm to Spm is the best time to visit. Breathe in the fresh air, watch the sunset, chat to each other sitting on a bench or on the wharf, look at the ferry boats go by and eat the snacks from the street vendors.



ညနေ ၅နာရီနှင့် နောက် ၅နာရီ ကြားအချိန်သည် သွားရောက်ရန် အကောင်းဆုံး အချိန်ဖြစ် သည်။ လေကောင်းလေသန့် ရရှိခြင်း၊ နေဝင် ချိန်ကိုကြည့်ရှုခံ စားနိုင်ခြင်း၊ သူငယ် ချင်း အ ပေါင်းအသင်းများနှင့် ခုံတန်းပေါ် သို့မဟုတ် ဆိပ်ခံ ဘော တံတား ပေါ်ထိုင်၍ အေးအေးလူ လူစကား ပြောနိုင် ခြင်း၊ ဥဒဟိုသွားလာနေ သောစက် လှေများ ကိုကြည့်ရှု နိုင်ခြင်း ၊ ဆိပ် ကမ်းအနီး ရောင်းချသော ဈေးဆိုင်လေးများ မှ အစားအစာ များကို ဝယ်ယူသုံးဆောင်နိုင် ခြင်းစသည် တို့ကို ခံစားနိုင်ပေသည်။

Markets



Thiri Mingalar market and Central Fish market are 24 hour markets which are especially busy in the early morning time. They all have 24 hour teashops and beer stations in and around them.

သီရိမင်္ဂလာဈေးနှင့် ဗဟိုစံပြငါးဈေးကြီးတို့သည် ၂၄ ဖွင့် သော ဈေးများ ဖြစ်ကြရာဈေးနှင့် အနီးတစ်ဝိုက်တွင် လက်ဖက်ရည်ဆိုင်၊ စားသောက်ဆိုင် နှင့် ဘီယာဆိုင်များ ရှိပေသည်။

24 Hour Marts



24 hour petrol stations and convenience stores are now popping up, such as G&G Convenience Store and City Express. Pop in to get your chocolate and drink fix.

၂၄နာရီဖွင့်သော ဓါတ်ဆီဆိုင်များ နှင့်တွဲဖက်၍ စတိုးဆိုင်များလည်း ဖွင့်လှစ်ကြသလို G&G နှင့် City Express ကဲ့သို့တစ်ညလုံးဖွင့် သော စတိုး ဆိုင် များလည်းရှိရာ သင့်အနေ ဖြင့်စားအသောက် နှင့် အသုံးအဆောင် ပစ္စည်းများကို ဝယ်ယူရရှိ နိုင် သည်။

Beer Stations with Stage



Zero Zone Beer Station at Theingyi Market and Power Light Beer Station near Kandawgyi Lake have music shows, and they usually close around 11:30pm. Come here to have a beer and watch

သိမ်းကြီးဈေးရှိ ZeroZone နှင့် ကန်တော်ကြီးအနီးရှိ Power Light ဘီယာဆိုင်များတွင် စင်တင်တေးဂီတပါ ရှိပေရာ ဘီယာသောက်ရင် ကြည့်ရှုခံစား နိုင်ပေသည်။ည၁၁နာရီခွဲခန့်တွင် ဆိုင်ပိတ် လေ့ရှိသည်။

Internet Cafes



For serious gamers, there are a number of internet cafes that never close. Head for Lan Wizard in Latha Street, Zillion Net Game and Smile Internet Cafe & Net Game in Kamayut.

သင့်အနေဖြင့်ညလုံးပေါက်
ဂိမ်းကစားရသည် ကို နှစ်သက်
လျှင်လည်း လသာလမ်းရှိ Lan
Wizard လှည်းတန်းရှိ Zillion
Net Game နှင့် Smile Inter-
net Cafe & Net Gameတို့
သည် ၂၄ နာရီဖွင့်သော ဆိုင်
များ ဖြစ်သည်။

Clubbing



Midnight is when Yangonites head to the club. The entertainment zones of Theingyi Market, Mingalar Market, and behind Inya Lake Hotel have a number of clubs to choose from. Clubs can also be found at the main hotels: Pioneer at Yangon International Hotel, The Music Club in Park Royal Hotel, Sports Bar in Mya Yeik Nyo Hotel, Ice Bar at Sedona Hotel, The Music Club at the Grand Plaza Hotel etc.

သိမ်းကြီးဈေး၊မင်္ဂလာဈေးနှင့်
အင်းလျား ကန် အနောက်ဘက်
ပိုင်းတို့တွင် ညကလပ် များ စုဝေး
တည်ရှိကြရာ ကြိုက်နှစ် သက်ရာ
ကလပ်တွင် ဝင်ရောက်နိုင်သည်။
ရန်ကုန်မြို့ ၏ ဟို တယ်ကြီးများတွင်
လည်း ညကလပ် များရှိပေ သည်။
ရန်ကုန်အင်တာနေရှင် နယ်ဟို
တယ်ရှိ Pioneer ကလပ်၊ Park
Royal ဟိုတယ်ရှိ The Music
ကလပ်၊မြရိပ်ညိုဟိုတယ်ရှိ Sports
Bar၊ Sedona Ice Bar Grand
Plaza ဟိုတယ်ရှိ The Music
ကလပ် များသို့လည်း

Bars

24 hour petrol stations and convenience stores are now popping up, such as G&G Convenience Store and City Express. Pop in to get your chocolate and drink fix.



၂၄ နာရီဖွင့်သော ဓါတ်ဆီဆိုင်များနှင့် တွဲဖက်၍ စတိုးဆိုင်များလည်းဖွင့် လှစ် ပြာသလို G&G နှင့် City Express ကဲ့သို့ တစ်ညလုံးဖွင့်သော စတိုးဆိုင်များ လည်းရှိ ရာ သင့်အနေဖြင့် အစား အသောက် နှင့် အသုံးအဆောင် ပစ္စည်း များကို ဝယ်ယူရ ရှိ နိုင်သည်။

24 Hour Restaurants

To satisfy the hunger pangs after dancing in the clubs, go to some of the restaurants that never shut. Try 365 Restaurant, Pwint Thit San Tea Shop, Harleys (burgers), New Burger and Sule Shangri-La Cafe.



ကလပ်မှာကခုန်ရတာမောပမ်း လို့ ပိုက်ဆာလာ လျှင် ဆတစ်ည လုံး ဖွင့်သောဆိုင်များ သို့သွား ရောက်သုံး ဆောင်နိုင်သည်။ 365စားသောက် ဆိုင်၊ ပွင့်သစ်ဆန်း လက်ဖက် ရည်ဆိုင်၊ Harleys(burgers)၊ New Burger နှင့် Sule Shangri La ကဖေးတို့သည် ၂၄နာရီဖွင့်သော ဆိုင်များဖြစ်သည်။