

Historical Walking Map Around Downtown Yangon

The Yangon Directory and the Yangon Heritage Trust created this guide which includes six self-guided walks along Sule Area, Pansodan Street, Strand Road, Merchant Road, Secretariat Area and Indian Quarter & China Town. The walks include historical facts of the buildings, and recommendations on what to see and do. Get your copy at the Yangon Heritage Trust or any good bookshop and explore historical Yangon!

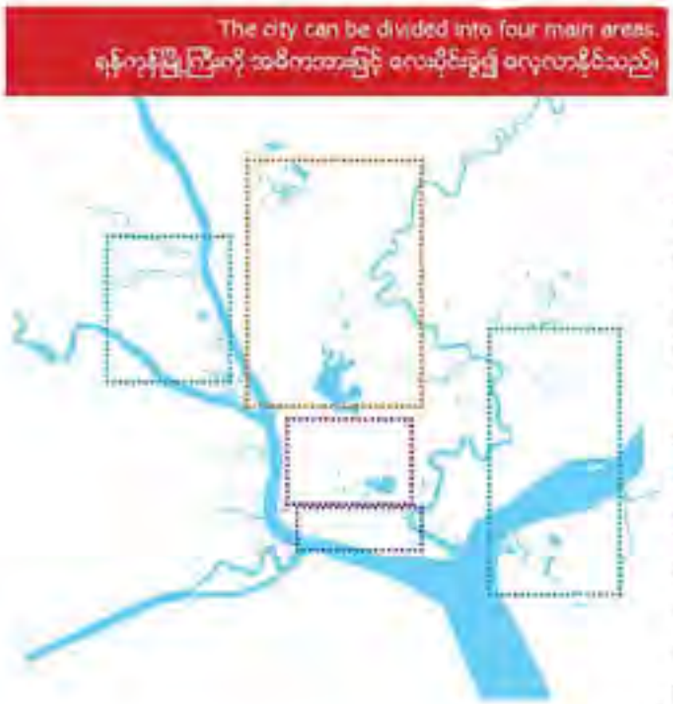
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Yangon Heritage Trust's Blue Plaques Programme

Blue Plaques have started to appear on the buildings around Yangon. These are being put up by the Yangon Heritage Trust as a permanent sign to commemorate a link between a building or location, and a famous person, event or landmark. The blue plaques serve as a historical marker and a celebration of Yangon's history. Yangon Heritage Trust (YHT) is an NGO which was founded in 2012 to promote the conservation of Yangon's rich urban heritage. Philips Corporation provided YHT with a grant to cover the historical research, manufacturing and installation of the plaques



Downtown

The main central business district of Yangon. Busy, congested, packed full of shops and offices.
A great place to walk around.
Most of the area was part of the original city plan created by the British.

Semi-Downtown

Dominated by the serenity of the Shwedagon Pagoda, People's Park and Kandawgyi Lake. But also packed full of residential areas, pagodas and shopping centres.

Uptown

A more spacious feel. A mix of industry, residential, small-scale farming and retail. Places are known by how many miles they are from Sule Pagoda – not by the street name.

Across the Water

Mainly industrial areas, but fast becoming new locations for residential development.



Essential Map to Yangon

Here is a quick run-down of where the main shopping, eating and entertainment places are.

Shopping Mall

Markets

- Theingyi Zey - hardware, food, spices, clothes
- Anawrahta Road Night Market - fruit & veg
- Yuzana Plaza - clothes, electronics, fabrics, furniture
- Mingalar Market - wholesale medicine, electronics & clothes
- Thiri Mingalar Market - fruit & veg
- Bogyoke Market - handicrafts & souvenirs

Shopping

- Maha Bandoola Park Street - Electronics
- Seikkan The Road - Computers
- Golden Valley Art Galleries
- Dhammazedi Road Antique Shops
- Myaynigone Shopping Hub
- Hledan Shopping Hub
- Tarmwe Street Wood & Aluminium Furniture
- 8 Mile Shopping Hub

Entertainment

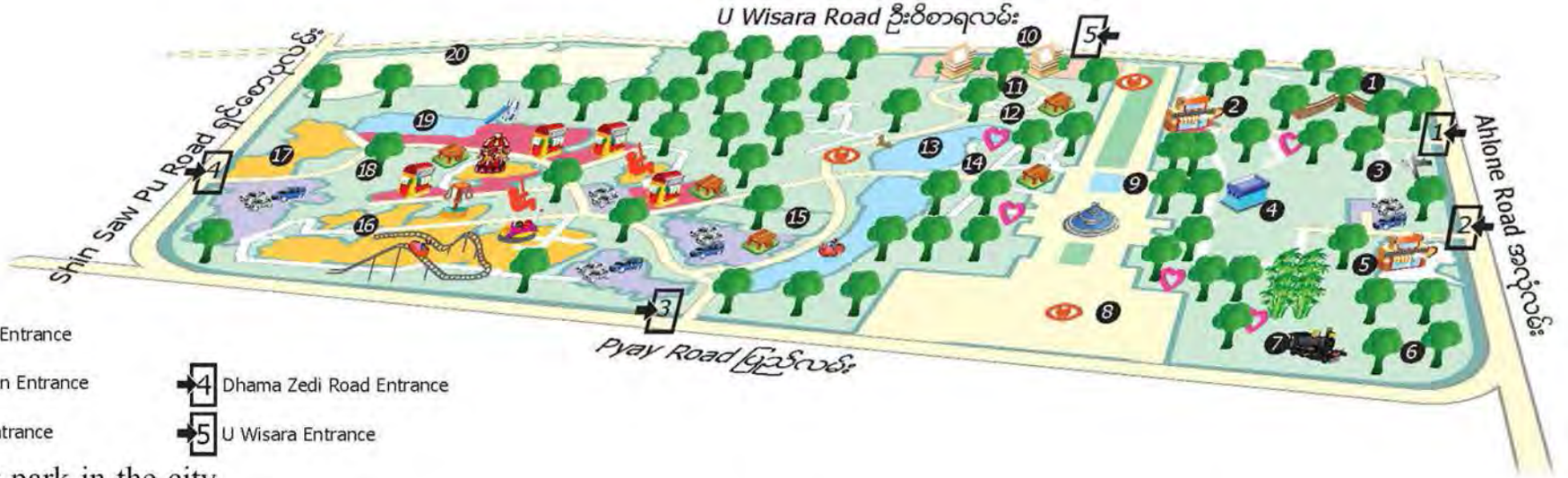
- Bogyoke Aung San Cinema Row
- Theingyi Zey nightclubs, cinemas & KTV
- Mingalar Market nightclub zone
- Amusement Parks
- Kandawgyi Park music zone
- Ahlone Road - nightclub & KTV
- Sein Lan So Pyay Garden unplugged music
- Inya Lake Hotel Area's upmarket nightclubs

Eating

- China Town night market & food stalls
- India Town night market & food stalls
- Bogyoke Aung San Road - new restaurants & coffee shops
- Seya San Road - upscale restaurants
- Kyar Kwat Thit Road cheap restaurants
- Thamine Junction- rice and curry street vendors

People's Park
ပြည်သူ့ဥယျာဉ်

There are two main parks in Yangon, People's Park and Kandawgyi Park, both offering respite from the busy city. Both are vast spaces with many attractions, beautiful green spaces, sparkling lakes, and panoramic views. Make the most of your visit, and use our maps to help you discover all what they have to offer.



The largest park in the city, at 135 acres – it was once the grounds of Queen Shin Sawbu's palace and a golf course during colonial times. Dominating the park is an Amusement Park, with is many attractions including the Ghost House, Bumper Cars and the Log Flume. Tucked away at the back are people bathing in the swimming pools or hurtling down the water slides. A new addition to the park is the Myanmar Cultural Village, full of souvenir shops and restaurants. There is also the Planetarium which gives a fascinating 30-minute show aboutstars and space.

1. Suspension Bridge
2. Traditional Restaurant
3. Aeroplane (XY-ADZ Fokker F27)
4. Planetarium
5. My Garden Restaurant
6. Steam Road Roller
7. Steam Locomotive M351
8. Bo Shu Thabin
9. Water Fountain Cinema
10. U Wisara Shopping Mall
11. Garden of Love
12. Garden of Stone
13. Brook (Pe Pong)
14. Love Stone
15. Yadana Garden
16. Amusement Park
17. Happy World
18. San Chaung Tha
19. Water Slide, Swimming Pool Park & Amusement Park
20. Independence Park

12 Garden of Stone
13 Brook (Pe Pong)
14 Love Stone
15 Yadana Garden

Kandawgyi Nature Park
ကန်တော်ကြီးသဘာဝဥယျာဉ်

Kandawgyi Nature Park is made up of three different parks, all surrounding the Kandawgyi Lake, each with a different character and attractions. Karaweik Garden has a great playground, including a rope bridge, a small zoo, many restaurants, and spaces for concerts and unplugged bands. Bogyoke Park has the Utopia Tower, a great viewing platform with views over the park and city. Myay Padathar Island has a freshwater fishgarden, an Agricultural Museum, and many different species of trees found in Myanmar. The park's crowning glories are the wooden walkway over the lake, and the majestic Karaweik Royal Barge. For a spiritual retreat, there is the colourful Su Taung Pyae Aung Chantha Dat Paung Su Zedi on Bagan Lone Island



Legend

- Food and Drink
- Music Area
- Romantic Area
- Car Parking
- Entrance Gate
- Viewing Area
- Keep Fit and Tai Chi Areas
- Playground

Important Data

1. Su Taung Pyae Aung Chantha Dat Paung Su Zedi
2. Shin Thiwali
3. Kandawgyi Palace Hotel
4. Topiary Garden
5. Signature Restaurant
6. Flower Walk
7. Western Park Restaurant
8. Kandawgyi Swimming Pool
9. Flower and Plant Shops
10. White Elephant Statues
11. Aquarium
12. Royal Garden Restaurant
13. Utopia
14. Bangkok Kitchen Restaurant
15. Dolphin Restaurant
16. White Rice Restaurant
17. Mr. Guitar Bar and Restaurant
18. Aviary

1. Bagan Lone Island Entrance
2. U Htaung Bo Junction Entrance
3. Bahan 3 Street Entrance
4. Myay Padaythar Garden Entrance
5. Bogyoke Garden Entrance
6. Myaw Sin Island Entrance
7. Tank Hill Entrance



One of the satellite towns which was built in 1989, North Dagon is in complete contrast to downtown Yangon. Here the roads are wider; there are leafy lanes and fresher air. The area has a "sleepy afternoon feel" – prefect for a quick getaway. Despite its village atmosphere, North Dagon has some great international standard sports facilities, restaurants and spas.

SpotLight on North Dagon
မြောက်ဒဂုံကို မီးမောင်းထိုးပြခြင်း

Sports (အားကစား)
North Dagon International Shooting Range(သေနတ်ပစ်ကွင်း)

This is a new shooting training centre, opened in January 2014, with 10m, 25m and 50m shooting ranges. Air guns .177 and pistols .22 are available. Summer courses are held for young people, and they also hold regular competitions which people can come to watch.

National Swimming Pool (အမျိုးသားရေကူးကန်)

This was opened in 1997 and was renovated in 2014. There are three types of pools; the diving pool, competition pool and warm up pool.
The deepest pool is the diving pool at 5m deep. There are 5 diving boards which range from 1m to 10m high.
The pool also has floodlights for night competitions.

Yangon Equestrian Riding Club (ရန်ကုန်မြင်းစီးအသင်း)

Come here to learn to ride a horse. There are 60 well-loved and wellgroomed hourses, 30 of which are owned by the Myanmar Equestrian Federation and can be ridden by the general public. They offer training in dressage, jumping and racing . Classes are held in the indoor stsdium during the minsoon or outside in the summer. The grounds also include a 1.5 mile hours race track.

Sports Training Centre for Disabled People(မသန်စွမ်းသူများအားကစားလေ့ကျင့်ရေးဌာန)

The Myanmar Paralympic Sports Federation opened the centre in 2014. The centre trains disabled sports men and women to compete in international competitions. Training is held in eight different sports including volley ball, basket ball, weight lifting, bocha, table tennis and swimming.



Relax (ကျန်းမာရေးအတွက်အနားယူအပန်းဖြေစရာ)

Golden Park This large, beautifully styled complex is home to the first Korean-style 24 hour spa in Myanmar, with three saunas (ochre, charcoal, and salt rooms) set around 52ºC to 57ºC, and an ice room at 12ºC.

Shopping Area (ဈေးဝယ်ရန်နေရာများ)

The main shopping area is on Pin Lone Road and it is packed full of beauty salons, mobile phone shops, fashion shops and restaurants.

Capital Hypermarket (ကက်ပီတယ် ဟိုက်ပါမားကက်)
The main shopping centre in the township, selling food, clothes and kitchen accessories.

Great Glory Hotel (ဂရိတ်ဂလိုရီ ဟိုတယ်)
They have a rooftop restaurant with stunning views of the river and great breezes.

The Free Funeral Service Society (အခမဲ့နာရေးကူညီမှု အသင်း)
This society provides a free funeral service, a free clinic, and free training in English, Art and Buddhism for children above 5 years old during the summer holidays. They are always looking for new volunteers to join the programme plus donations.

Idea Gems Art & Picture
One of the very few places in Yangon where you can see gem paintings being made. Chippings of precious and semi-precious gems, plus gem powder, are glued onto fibre glass sheets to make beautiful pictures. Bring your photograph or your company logo and they will recreate it in gems.

Eat (စားကောင်းသောက်ဖွယ်အသွယ်သွယ်)

Shake Bubble Tea
A hip hang out for all the cool kids in North Dagon who come here to drink Bubble Tea, spend time in the aircon room to use the free wifi and eat some of the many snacks on offer such as the Tongue Upside Down Starch Noodle, or the cakes from the bakery.

Bo Bo Min Tea Garden(ဘိုဘိုမင်း လက်ဖက်ရည်နှင့် မုန့်မျိုးစုံဆိုင်)
A very popular bakery shop which alsosells Chinese food, burgers and fried chicken. It is packed at the weekends.

Vietnam House (ဗီယက်နမ် ဟောက်စ်)
Hidden away in the middle of rural North Dagon is an authentic SouthernVietnamese cuisine restaurant located in the chef's home and garden. Call ahead and tell them you are coming, and check what you wish to eat from their menu on their facebook page.

Dagon Kyaw (ဒဂုံကျော် ရခိုင်ထမင်းဆိုင်)
A small oasis by the busy road.Surrounded by greenery, this small restaurant offers modern Arakanese food, such as snail salad and cuttlefish salad.



SpotLight on Tarmwe
တာမွေကို မီးမောင်းထိုးပြခြင်း

Tarmwe is a busy, vibrant township – with hidden boutiques of cutting edge fashion, a street of BBQ restaurants that rival 19th Street, and unique-shops that other townships don't have. If you are in the area, stop by and have a wander.

Eat (စားကြမယ်)

Phet Phu Yaung Tea hop(ဖက်ဖူးရောင်လက်ဖက်ရည်ဆိုင်)
A popular and well loved tea shop with all the favourites.

Min Lan Restaurant (မင်းလမ်းစားသောက်ဆိုင်)
A charming branch of this famous Rakhine seafood chain.

Kyar Kwet Thit Lan (ကျားကွက် သစ်လမ်း)
Full of packed and lively bbq restaurants.

Radio Café (ရေဒီယိုကဖေး)
They serve over 60 varieties of freshly prepared sandwiches with either a free soup of the day or french fries.

Country Club
Next to their restaurant with its 'wild west theme' is an in-house bakery which makes everything from baguettes to burgers.

Penguin (ပင်ဂွင်း)
A hip hang-out serving great cocktails. The art on the walls gives it a great European café atmosphere

Magic Bubble Tea
A great range of bubble teas - try the Sea Salt Green Tea Latte or Passion Black Tea.

Mr. Sushi
"American Style" sushi served fresh and well-made.

Hawaii Ice Cream (ဟာဝိုင်အီ ရေခဲမုန့်)

Choose from a range of 30 flavours of ice creams and sor-bets.

Thai Pot
Try their Thai-Style hotpot which uses a mookata to grill the meat and vegetables.



Shop (ဈေးဝယ်မယ်) New Skin Boutique House

A great range of clothing and accessories for both men and women in this contemporary and uniquely designed store.

Cookies

Elegant evening wear, as well as contemporary urban designs.

Grand Home Textiles

A newly opened home furnishings store with a great range of home bedding from Vietnam.

Baby Store

A well-stocked baby-needs shop that has everything from nappies to bedding, toys and clothes.

Tata Pet Shop

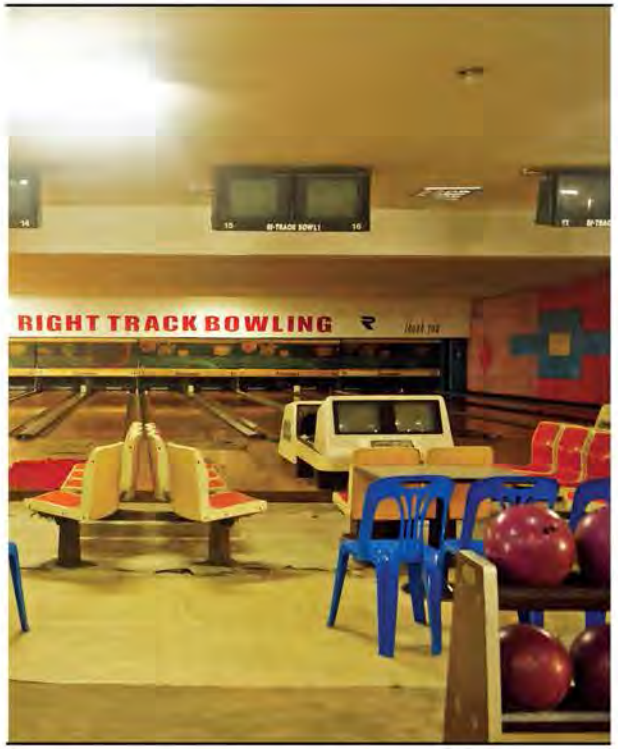
This handy pet store fulfills all of your pet and puppy needs with general goods and food, as well as a professional grooming salon.

Shopping Malls (ရောင်းမောများ)

United Living Mall, Yuzanna Plaza, Ocean Super Centre

Markets (ဈေးများ)

Tarmwe Junction (flowers), Kyar Kwet Thit (vegetables), 140th St (fresh fish and meat)



Relax (အပန်းဖြေမယ်)

Beauty and Beyond

This well maintained salon and spa offers a range of hair, facial and body treatments at affordable prices.

The Right Track Bowling Alley

Train with the local bowling league 6.30-9.00pm every Thursday

Kyaikkasan Grounds (ကျိုက္ကဆံကစားကွင်း)

Once an old horse race course, this 147 acre sports grounds is the home for the Institute of Sports and Physical Education, and its vast green space is the place to escape the city.